

# Sex Education and Relationship Policy



Approved by the Board of Governors of Churchstanton Primary  
School:

Chair of Governors .....

Date: .....

Proposed review date: .....

Parents and carers are the key people for their child's learning about sex and relationships and schools should always work in partnership with home.

### Aims and Objectives

There are three main elements to our Sex and Relationship Programme (SRE):

- Gaining knowledge and understanding
- Developing positive attitudes and values
- Extending personal and social skills

At Churchstanton Primary School, we have a commitment to ensure that our programme is relevant to all pupils and is taught in a way that is age and stage appropriate.

The objectives of Sex and Relationship Education at Churchstanton Primary School are:

- To enable our pupils to make responsible, informed and healthy decisions about their lives, both now and in the future.
- To teach our pupils to respect themselves and others so they can move confidently from childhood through to adolescence and into adulthood.
- To provide a supportive learning environment in which pupils can develop their feelings of self-worth and confidence, especially in relation to others.

### Sex and Relationship Education in the context of the National Curriculum:

#### Legal requirements

Churchstanton Primary School has a statutory duty to teach the following as part of the science National Curriculum.

#### Foundation Stage

Children learn about the concept of male and female and about young animals. In on-going Personal, Social and Health Education (PSHE) work, they develop skills to form friendships and think about relationships with others.

#### Key Stage 1

Through work in science, children learn about the life cycles of some animals, understand the idea of growing from young to old and learn that all living things reproduce. They learn about the importance of personal hygiene to maintain good health. In RE and PSHE, children reflect on family relationships, different family groups and friendship. They learn about rituals and traditions associated with birth, marriage and death and talk about the emotions involved.

They begin to co-operate with others in work and play and begin to recognise the range of human emotions and ways to deal with them. They also learn about personal safety including safety on the internet.

#### Years 3 and 4

In science, children build on their knowledge of life cycles and learn about the basic biology of human reproduction. They learn about differences in offspring and how plants and animals, including humans, resemble their parents in many ways. In RE and PSHE, they continue to develop an understanding of relationships within a family, between friends and the community and that there are different patterns of friendship. They will develop skills needed to form relationships and to respect other people's emotions and feelings.

### Years 5 and 6

Children build on their previous scientific understanding and relate their knowledge of plants to studies of evolution and inheritance. They describe the life-cycle common to a variety of animals, including humans and describe the changes as humans develop from birth to old age. In RE and PSHE children to continue to develop the skills needed to form relationships. They consider how to make simple choices and exercise some basic techniques for resisting pressures.

Parents do not have the right to withdraw their child/children from these above aspects of the science curriculum.

### Sex and Relationship

In years 5 and 6 the children follow an SRE programme based on published materials. These are: Year A - Channel 4 DVD - All about Us and Year B: BBC DVD series - Growing up - Sex Education. These sessions are taught by the class teacher with support from an experienced Learning Support Assistant. There will be opportunities for the children to ask questions in both mixed and single sex groups.

Parents will be informed as to when the sex education will take place so as to be fully prepared for questions at home from their children. An opportunity to view the selected material, prior to the screening, is offered.

Any parent has the right to withdraw their child from the sex education programme of work by writing to the Head Teacher, Mrs Carol Murray to express their wishes. Parents are asked to think very carefully before deciding to withdraw their child and are encouraged to come into school to talk over any fears or concern they might have.

<u>Year A - All about Us - Channel 4 DVD</u>	<u>Year B - BBC DVD - Growing Up</u>
<ul style="list-style-type: none"><li>• 'Changes' - these sessions cover understanding of the physical changes that take place during puberty, why they happen and how to manage them.</li><li>• Boy Talk / Girl Talk - sessions to further explore the physical and emotional changes that take place to both girls and boys during puberty.</li><li>• How Babies are Made and How Babies are Born - these sessions explain how babies are made within the context of a stable, loving relationship. They show the children how a baby develops in the womb and how a baby is born.</li></ul>	<ul style="list-style-type: none"><li>• What's Happening To Me? - looking at the physical changes in boys and girls and understanding and coping with puberty.</li><li>• How Am I Behaving? - exploring associated emotions and feelings that occur as a result of puberty.</li><li>• How are other people behaving?</li><li>• How to Manage Relationships - including communication, peer pressure and gender stereo-typing.</li></ul>

### Children with Special Needs

Teaching and resources will be differentiated as appropriate to address the needs of these children in order for them to have full access to the content of sex and relationship education.

### Equal Opportunities and Inclusion

Through all subjects we ensure that the school meets the needs of all, taking account of gender, ethnicity, culture, religion, language, sexual orientation, age, ability, disability and social circumstances. It is important that we meet the diverse needs of pupils to ensure inclusion for all and that all pupils are prepared for full participation in a multi-ethnic society.

### Child Protection / Confidentiality

Teachers need to be aware that effective sex and relationship education, which brings an understanding of what is and is not acceptable in a relationship, may lead to disclosure of a child protection issue. The staff member will inform the Head Teacher /Designated Child Protection person in line with the LA procedures for child protection.

A member of staff cannot promise confidentiality if concerns exist.

### Monitoring and Evaluation

Monitoring is the responsibility of the Head Teacher, named Governor and Teacher with responsibility for sex and relationship education.

The effectiveness of the SRE programme will be evaluated by assessing children's learning and implementing change if required.

This policy document will be available to parents by requesting a paper copy from the school office.

### Links with Other Policies

This policy is linked with the following policies:

PSHE & Citizenship

Equality

Child Protection

Behaviour

Anti-Bullying

E-safety