

My screen time

Our family agreement

	We have agreed...
When will I use a device?	
Which games can I choose?	
Who will I play games with?	
How will I behave when I play games?	
What happens when I am asked to stop?	
What other things will I do?	

For more information and advice: 02 NSPCC help line **0808 8005002**

www.askaboutgames.com

www.childnet.com/parents-and-carers

www.internetmatters.org

www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/online-games-helping-children-play-safe