

## Talking to Learners about Technology: Pupil Voice questions

### Focus:

What is the impact of technology on young people's wellbeing? (both positive and negative)  
What support do children and young people want around their use of technology?

Age group	Questions
Foundation Stage and KS1 <i>(Use picture prompts if necessary)</i>	<ul style="list-style-type: none"> <li>• Tell me what makes you happy when you use technology.</li> <li>• Tell me whether there is anything that ever makes you feel sad or feel worried when you use technology.</li> <li>• Do grown-ups ever talk to you about how to be safe with technology? What do they say? How do you want them to help you?</li> <li>• How do you feel when you have to stop using technology?</li> </ul>
Year 3-4	<ul style="list-style-type: none"> <li>• What are your favourite apps, games or websites?</li> <li>• What are the things that you enjoy about them?</li> <li>• Are there things that upset or worry you when you are using them? (What are they?)</li> <li>• What do you think adults feel about technology?</li> <li>• How can adults help you?</li> <li>• What would you miss most if you couldn't use technology at all?</li> </ul>
Year 5-6	<ul style="list-style-type: none"> <li>• What technology do you and your friends use?</li> <li>• What do you and your friends enjoy about this use?</li> <li>• Are there things that could be upsetting or worrying about what you do with technology? (Can you tell me about them?)</li> <li>• What opinions do you think adults have about technology?</li> <li>• How do you want adults to help you?</li> <li>• How can your friends help you?</li> <li>• If the internet was turned off tomorrow, what would you miss most?</li> </ul>
KS3-4	<ul style="list-style-type: none"> <li>• What technologies do you and your friends use?</li> <li>• What do you and your friends enjoy about those?</li> <li>• Are there things that could be upsetting or worrying about them? (Can you tell me about them?)</li> <li>• How do you get support when you need it?</li> <li>• What opinions do you think adults have about technology?</li> <li>• How should adults be helping you?</li> <li>• If the internet was turned off tomorrow, what impact would it have on your life?</li> </ul>
KS5	<ul style="list-style-type: none"> <li>• How is technology part of your day?</li> <li>• What are the positive ways it affects your life?</li> <li>• Are there any negative effects for you or your peers? (Can you tell me about them?)</li> <li>• How do you think technology can affect people's mental health?</li> <li>• Are there ways that technology can support people's wellbeing?</li> <li>• What do you want older adults to understand about your use of technology?</li> <li>• Are there times when you want those older adults to support or help you?</li> </ul>