



## ***“Roots To Grow, Wings To Fly”***

Ideas to explore: ***Physical Education***

As a **Real PE** member school, we have been provided with a free login to 'Real Play'. **Real Play** includes over 250 activities and challenges and 1000's of hours of fun and activity for every family! Here are the details to access **Real PE** at home:

The website address is: [home.jasmineactive.com](https://home.jasmineactive.com)

Parent email: [parent@stbartholo-1.com](mailto:parent@stbartholo-1.com)

Password: **stbartholo**

There are loads and loads of ideas on the SASP website at the following link:

<https://www.sasp.co.uk/home-family-activities>

Free resources for children to enjoy the benefits of PE and physical activity outside of school:

<https://www.youthsporttrust.org/free-home-learning-resources-0>

Although the Olympics are no longer going ahead this year in Tokyo, Team GB and Paralympic GB have produced a great range of FREE home activities:

<https://www.getset.co.uk/resources?type%5B%5D=all&subjects%5B%5D=all&ageGroups%5B%5D=all&campaign=home-learning>

A variety of lesson plans available to support cricket coaching, including explanation videos and top tips from the pros, which you can follow from home. There are also cricket-themed literacy and numeracy lessons.

[https://www.chancetoshine.org/staying-active-during-the-covid-19-outbreak?utm\\_source=Portal+Teachers&utm\\_campaign=5811d5dc45-EMAIL\\_CAMPAIGN\\_2020\\_04\\_24\\_03\\_37&utm\\_medium=email&utm\\_term=0\\_b4486fc5f7-5811d5dc45-125556797](https://www.chancetoshine.org/staying-active-during-the-covid-19-outbreak?utm_source=Portal+Teachers&utm_campaign=5811d5dc45-EMAIL_CAMPAIGN_2020_04_24_03_37&utm_medium=email&utm_term=0_b4486fc5f7-5811d5dc45-125556797)

Andy's Wild Workouts:

<https://www.bbc.co.uk/programmes/p06tmmvz>

PE with Joe - 9.00am weekday mornings:

<https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ>